



CACHE VALLEY
FIGURE SKATING CLUB

Volunteer Hours Requirements

I understand and agree to perform a minimum of 2 hour of volunteer service in support of the Annual Spring Show. A volunteer coordinator will be in touch.

Participation Waiver

In consideration of being allowed to participate in any way in any program or skating session at the George S. Eccles Ice Center, or related events and activities, the undersigned acknowledges, appreciates, and accepts that:

1. Prior to engaging in any activity I will inspect the facility and equipment to be used and if I believe anything is unsafe will immediately advise a supervisor of such condition(s) and refuse to participate. Parents and/or legal guardians will instruct a minor participant that prior to engaging in activity he or she should inspect the facilities and equipment to be used and if the participant believes anything is unsafe, he will immediately advise a supervisor of such conditions (s) and refuse to participate.
2. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless Bridgerland Community Ice Arena, Inc., George S. Eccles Ice Center, and North Park Interlocal Cooperative, their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, and advertisers, hereinafter referred to as "releasees", with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the non-negligence of the releasees or others.
3. The risk of injury from the activities involved in this program is significant, including the potential for permanent disability, paralysis and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence by the actions, inactions or non-negligent behavior of releasees or others, the rules of play, or the conditions of the premises or of any equipment used. And while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
4. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for my participation; and, 5. In the event that they sustain injury or illness while participating in this activity, I hereby authorize any emergency first aid,

medication, medical treatment of surgery deemed necessary by licensed medical personnel to execute on my behalf my permission forms or other necessary medical documents and to act in my behalf if I am not immediately able to do so. 6.I hereby consent to allow my picture and/or likeness to appear in any official documentary, promotional, exclusive television, radio or film coverage of the Eccles Ice Center programs in any manner incidental to my participation in the activity of the Eccles Ice Center without compensations to me.